

## P.A.C.E.® Continuing Education Credit Exam for the Basic Venipuncture video

- 1. According to the standards, the proper order of draw is:
  - a. blood culture tubes or vials; sodium citrate tubes; serum tubes with or without gel or clot activator; heparin tubes; EDTA tubes; oxalate/fluoride tubes
  - b. blood culture tubes or vials; serum tubes with or without gel or clot activator; sodium citrate tubes; EDTA tubes; heparin tubes; oxalate/fluoride tubes
  - c. EDTA tubes; oxalate/fluoride tubes tubes; sodium citrate tubes; serum tubes with or without gel or clot activator; heparin tubes; blood culture tubes or vials
  - d. blood culture tubes or vials; serum tubes with or without gel or clot activator; EDTA tubes; oxalate/fluoride tubes tubes; sodium citrate tubes; heparin tubes
- 2. The order of draw is established to prevent:
  - a. hemoconcentration
  - b. excessive anticoagulation
  - c. underfilling tubes
  - d. additive carryover
- 3. Drawing areas should include:
  - a. a gurney or cot
  - b. a sharps disposal unit
  - c. a comfortable chair with arm rests
  - d. all of the above
- 4. Wet alcohol
  - a. stings the patient upon needle insertion
  - b. makes needle insertion smoother
  - c. could hemolyze the red blood cells
  - d. a and c
- 5. If the conditions surrounding the venipuncture indicate that only a small quantity may be obtained:
  - a. perform a skin puncture
  - b. have smaller-volume tubes available so that completely filled tubes will be submitted for testing
  - c. use a syringe
  - d. submit underfilled specimens and document that the draw was difficult
- 6. The antecubital area is most commonly used for venipunctures because:
  - a. it is most convenient for the patient
  - b. it is the least painful area to draw blood from
  - c. accessible veins are prominent
  - d. draws to other areas are less likely to yield accurate results

- 7. Do not allow patients to pump their fist because:
  - a. this activity has been shown to increase the levels of potassium and ionized calcium
  - b. it makes finding a vein more difficult
  - c. pumping the fist makes needle insertion more painful
  - d. it can induce syncope
- 8. The median veins:
  - a. are on the outside aspect of the antecubital area
  - b. generally run parallel with the arm through the center of the antecubital area
  - c. are on the inside aspect of the antecubital area
  - d. should be avoided because they come in close proximity with the brachial artery
- 9. When a tourniquet is left on longer than one minute, the concentration of many analytes begins to change due to:
  - a. hemolysis
  - b. hemoconcentration
  - c. vasoconstriction
  - d. hematoma formation
- 10. Winged collection sets are used:
  - a. whenever possible
  - b. when larger quantities of blood are required, for example, blood cultures in addition to routine lab work
  - c. on difficult veins that require precise needle placement
  - d. b and c
- 11. If the bracelet is not attached to the patient:
  - a. do not draw the specimen until the arm bracelet is attached or the patient is identified by a caregiver
  - b. ask the patient to state his/her name
  - c. ask the patient to state his/her name and compare the information given with the information on the detached arm bracelet
  - d. draw the patient and document that the arm bracelet was not attached to the patient
- 12. If blood cultures are ordered, prep the site with iodine or chlorhexidine, allowing the antiseptic to remain in contact with the skin:
  - a. for atleast 30 seconds
  - b. for no longer than 10 seconds to prevent absorption into the skin
  - c. for two minutes after scrubbing
  - d. if the skin is excessively soiled
- 13. Avoid using cotton balls to apply pressure because:
  - a. some patients are allergic to cotton fibers
  - b. cotton is not sterile
  - c. cotton fibers may become embedded into the fragile fibrin plug and, upon removal, reopen the puncture
  - d. all of the above
- 14. For small or fragile veins, a \_\_\_\_\_ may be necessary in order to control the vacuum pressure being applied to the interior of the vein.
  - a. tube holder
  - b. syringe
  - c. winged blood collection set
  - d. second tourniquet
- 15. Allowing the patient to bend the arm up as a means of applying pressure to the puncture site:

- a. is an acceptable means of preventing hematoma
- b. should only be permitted if the patient is willing
- c. should only be permitted on pediatric patients
- d. is not an acceptable means of preventing hematoma
- 16. Before bandaging, one should observe for hematoma formation. If observed:
  - a. apply additional pressure until you are certain that bleeding beneath the skin has stopped
  - b. release the patient and notify the patient's physician
  - c. apply a pressure bandage and release the patient
  - d. document the hematoma formation on the test request form
- 17. Lateral (side-to-side) needle relocation:
  - a. is often the best way to access a vein
  - b. should only be conducted with the patient's permission
  - c. does not risk injury in the antecubital area
  - d. should never be attempted in an effort to access the basilic vein, since nerves and the brachial artery are in close proximity

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